

Goring United Reformed Church

Goring United Reformed Church, Barrington Road, Goring by Sea BN12 4EA
Find us on Facebook, Instagram and www.gurc.net



Church Secretary
Mrs Val Gill Tel: 01903 531069

Pastoral Secretary
Mrs Hilary Redman Tel: 260568



WELCOME

We are here to: *Grow closer to God, Support and encourage each other, Share the love of Jesus*

Sunday 29th September 2024

HARVEST



10.30am Morning Worship: Mr Tom Hackett
Duty Elder: Mrs Val Gill

TODAY'S SERVICE: *Hymns and readings shown on our screens*

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| Come, you thankful people, come (MP106) | Mark 4:26-29 |
| This is the day (MP691) | Mark 4:30-34 |
| How great Thou art (MP506) | |
| All creatures of our God and King (MP7) | |
| We plough the fields and scatter (MP732) | |

PRAYERS FOR OUR CHURCH FAMILY *this week we remember:*

Gaynor Anderson-Easy & Family, Marianne Barber and Rosina Bayley

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DAILY PRAYERS

Sunday: Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Monday: We pray for the charities that use the harvest gifts collected in many churches today, to help and sustain people in need. May they be a light in the darkness for them.

Tuesday: We pray for the people in the UK where the recent heavy rainfall has caused severe flooding of large areas. Help us all to learn to deal with such weather situations which arise nowadays.

Wednesday: We thank the Lord for all the 'volunteers' who give their time to help friends, families, charities and organisations with all the little things that in fact make a big difference in lives and projects going on.

Thursday: Let all things their Creator bless, and worship Him in humbleness; O praise Him! Alleluia! Praise, praise the Father, praise the Son, and praise the Spirit, Three in One; O praise Him, O praise Him! alleluia!

Friday: We pray for those facing important and often difficult decisions about future employment, housing or family matters. May they have clarity and peace of mind to work things out for the best.

Saturday: As we come up to the anniversary of the first attacks on Israel and fighting in Gaza, pray for the people still suffering in that area. That they will remember God's Covenant and will do what is right in His eyes, not the world's.

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REGULAR DATES FOR THE DIARY *More details can be found on-line at: www.gurc.net/diary, and please email any changes to diary@gurc.org.uk*

Mini Fishes – Mondays 9.30am Main Hall in Term-time

Coffee, Tea & Cake Drop-in & Warm Space - Mondays 2.00pm Sanctuary

Bible Study – Wednesdays 7.00pm Sanctuary, with Jonathan Cooper

Art & Craft Club – 1st Saturday of the month: 5th October 9.30am Sanctuary

Tuesday Fellowship – 2nd Tuesday of the month: 2.15pm Cornwall Room

Mid-week Praise – 3rd Thursday of the month: 7.00pm Sanctuary

Church Family Breakfast - back on 13th October 9.45am

Church Meeting - Moving to the last SATURDAY in October: 10.00am
Sanctuary

CHURCH NOTICES

If you have a car and a little time, please would you come to the flower room after Sunday morning's service to offer your help to deliver some flowers? The harvest flowers can be delivered on Sunday afternoon or any time on Monday. I will be available to give more details after the service.
Thank you, *Hilary Redman*

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We have been offered a training session on using a Defibrillator and performing CPR, there is no charge although donations are welcome. This is a great opportunity to have hands-on experience although we all hope we will never need to use it. Everyone is welcome to join us on the morning of Friday 25th October from 10.00-11.30, at the church. Refreshments will be available.

Please bear in mind that your knowledge may help a relative or close friend, it's not only strangers who are taken ill or have an accident. Please add your name to the list at the back of the church or contact *Val G* for more details.

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UKRAINE APPEAL

Amanda Cherry (née Stewart) whom some will remember, is asking if we would be interested in helping out for items to be sent to Ukraine again. She adds, 'as you so kindly and generously did a couple of years ago'. Please see enclosed sheet. *Hilary Redman*

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BIBLE SOCIETY - Prayer Meeting - Mary Stewart, Bible Soc Representative for Worthing, invites anyone from our church to a Prayer Meeting on Thursday 3rd Oct. 10 - 11 am, at her home: 43 West Ave. Further details from *Eileen* 248263.

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Could we please say a thank you to all those who donated at the last coffee morning. £71 raised for LoveUKeira, a charity supporting research into brain tumours in children. *Outreach*

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Thank you to all who took part in the James Bible Study over August. I have heard some people comment that they have enjoyed it and have been challenged by it. To help us evaluate how it has gone, I have put a simple form at the back of church. Could I ask you please to fill one in and pop it in the red letterbox. You can add your name or be totally anonymous, I would just like to gather people's thoughts before we do it again. Thank you, *Mary*

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Next Sunday 10.30am service (Communion) will be led by Rev Julian Thomas.

Our Sunday services are recorded to watch later: <https://www.gurc.net>

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New Here?

Please pick up a 'New Here?' leaflet from the back of the church or visit our website www.gurc.net under 'Publications' on the top Menu.

Please email any contributions for Welcome to: welcome@gurc.org.uk
The editors for October 2024 will be Ryan Thomas, then Wilf Rhodes

WELCOME 29 September 2024 - Insert



Adur Ukraune Support Association (AUSA)

I am attaching a list on the following two pages so you know exactly what AUSA are asking for, no generators this time!

They are asking for specific food items and also mobility aids and also bandages of any sort, including home-made ones from 100% cotton sheets, which can be torn up into 10cm widths. The sheets don't have to be new necessarily, just clean and preferably ironed if possible.

The deadline is **Friday 4th October**, which isn't very long I know but hopefully it will be just enough time.

Items can be left in the porch at St mary's Church Goring, **BN12 4UZ** every day between 10-4

1. My porch at anytime, 12 Sandwich Road, **BN11 5NT**
2. If you would prefer to store them here, at GURC like last time, I can collect.
3. Failing that at St Charles Borromeo Church in Chesswood Road on Saturday 5th October between 10:30 -12:30

I do hope that you will be able to help again, that would be amazing if you could.

With all good wishes and thank you,
Amanda Cherry via Hilary Redman



Stand with Ukraine in Autumn 2024

We, Adur Ukraine Support Association [AUSA], are collecting the following:

- Mobility aids for those wounded in the war
- Camping equipment & hand tools for shelter building
- Five simple English comfort food for the soldiers in the trenches

These will be sent to Ukraine in late October, using tried and tested logistics partners. They handle all customs work and give us documentary & photographic evidence of delivery

Our collection times & locations in September & October [all Saturdays]:

Shoreham: 10.30am-12.30pm

St Mary's Parish Room
New Road, Shoreham, BN43 6RA
Opposite Galleria restaurant

Sat 14th September - town market day

Sat 12th October - town market day

[also a coffee morning]

East Worthing: 10.30am to 12.30pm

St Charles Boromeo Church
143 Chesswood Rd, Worthing BN11 2AE

Sat 21st September

Sat 5th October

NB We will be data processing and labelling on Saturday 19th October

If you have any questions about suitability or require collection for larger items please email us at info@adurukrainesupport.org.uk or phone 07445 645849

More information on our website <https://www.adurukrainesupport.org.uk/campaign>

The five UK food items – what and why

We have been talking to UK guys who have day to day contact with front line soldiers. They live in conditions exactly the same as the World War One trenches – cold, wet and foul.

*"They really value certain of our foods, e.g. **BAKED BEANS**. Also **TINS OF TUNA IN OIL**... very nutritious, they open the tins a little, set fire to the oil. This heats the tuna up and then they put a tin mug of tea on top to warm thru...*

*Smaller bottles [litre or less] of **CONCENTRATED SQUASH** [unknown in Ukraine]... water often has to be purified and/or sterilisation tablets added and therefore doesn't taste great. So anything they can add to mask the taste is great. They don't have those concentrated squashes in Ukraine. They will even add a few **GRAVY GRANULES** to hot water for a drink.*

*Finally, **BISCUITS – OAT BASED OR DIGESTIVE** [with or without chocolate] – NOT thin or wafer type ones they can already get. They love the digestive ones – get very excited about receiving a packet as these are just not available in Ukraine either."*



MOBILITY AIDS +++ CAMPAIGN FOR UKRAINE



**WE ARE COLLECTING SELECTED AID ITEMS TO SEND TO
UKRAINE TO SUPPORT THOSE IN NEED.**

**WE WOULD GREATLY APPRECIATE IT IF YOU COULD
DONATE ANY OF THE FOLLOWING ITEMS TO BE SENT TO
UKRAINE**

MOBILITY AIDS:

MOBILITY SCOOTERS, WALKING ROLLATORS, WHEELCHAIRS, ZIMMER
FRAMES, CRUTCHES, SUPPORT BOOTS AND BRACES



CAMPING EQUIPMENT:

TENTS – LARGER PREFERRED. PLEASE CHECK THAT POLES ARE PRESENT
AND THAT THERE ARE NO RIPS

PORTABLE TOILETS – PORTA-POTTIES USED IN CAMPING



TOOLS:

SHOVELS, PICK AXES, AXES, SPADES, LONG NAILS, HAMMERS (ANY
OTHER TOOLS FOR TRENCH AND SHELTER CONSTRUCTION)



FOODSTUFFS: (ALL MUST HAVE A REASONABLE SHELF LIFE
REMAINING): BAKED BEANS, TINNED TUNA IN OIL (DUAL EAT & COOK
USES), SQUASH OR CORDIAL (SMALLER BOTTLES OF CONCENTRATE ARE
IDEAL) – IT TAKES AWAY THE TASTE OF WATER PURIFICATION TABLETS.
GRAVY GRANULES – ALSO USED TO MASK THE TASTE OF WATER
BISCUITS (NOT WAFER TYPE), E.G. OATMEAL, DIGESTIVE
TINNED MEATS OR FISH



OTHER:

WASHING MACHINES – UNDER 3 YEARS OLD AND IN WORKING ORDER
BANDAGES – ANY SORT



**IF YOU HAVE ANY QUESTIONS OR ARE NOT SURE IF THE ITEMS YOU HAVE WILL
BE USEFUL, PLEASE CONTACT US:**

info@adurukrainesupport.org.uk or 07445645849

Please visit our website for details of Drop-Off sessions or contact
us if you require collection:

www.adurukrainesupport.org.uk or scan the QR code

